

Is didyoudiet.com legit? TrustSniffer's high-trust assessment: 100/100

didyoudiet.com

Verdict

100

OUT OF 100

HIGH TRUST

didyoudiet.com appears legitimate.

Our checks found nothing pointing to fraud. Ordinary care still applies when you pay or sign in.

Not Scam

Safe for Login

Low Risk

Assessed 2026-08-20 by automated analysis. Classification confidence 50%.

What this site appears to be

DidYouDiet.com is an informational site focused on diets, nutrition, fitness, recipes, and FAQs. The site displays an extensive consent management / advertising vendor list and includes standard health disclaimers. No login, payment, or credential harvesting detected.

Evidence status and limitations

- Evidence completeness: UNKNOWN
- The real-world operator identity was not independently verified.
 - Module-level completeness metadata is unavailable for this legacy report.

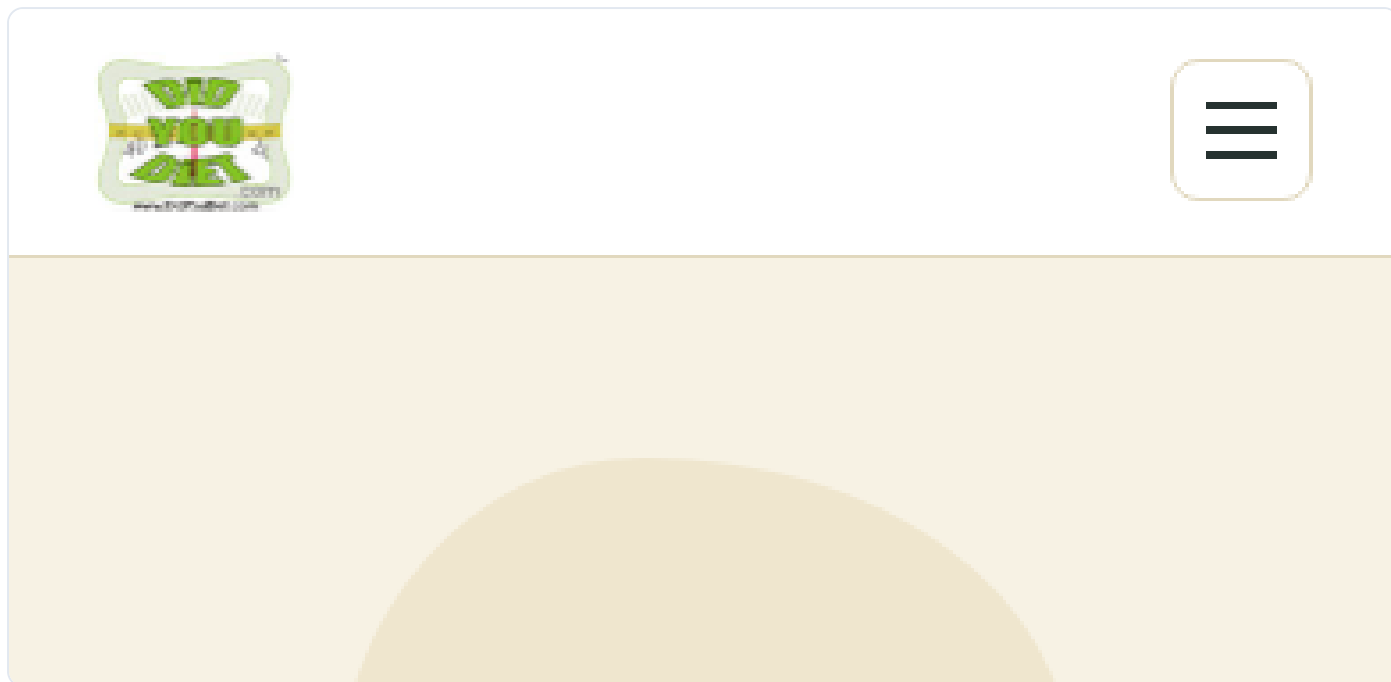
At a glance

The checks that decide most of this verdict.

Malware engines	None flagged it VirusTotal	CLEAR
Google Safe Browsing	Not listed Google	CLEAR
Abuse reports on the host	0 reports AbuseIPDB; shared hosting inflates this count	NOTED
Domain age	20 years old Registered history	CLEAR
Web archive	Archived since 2008 Public history exists	CLEAR
Certificate	Encrypted connection Issued by YR2	NOTED

The page as captured

<https://didyoudiet.com/>



What didyoudiet.com served when TrustSniffer captured it on 2026-08-20. The page may look different now.

Key findings

- Automated classification: Not Scam.
- Domain age: more than 10 years (registration continuity).
- Public web-archive history exists since 2008.
- No flags from the reputation services TrustSniffer consulted at assessment time.

Full analysis

Overview

DidYouDiet.com is an informational health and lifestyle website covering diets, nutrition, fitness, recipes, videos, blog content, and diet FAQs. It presents general educational material for everyday readers, uses an advertising-supported model with consent management for advertising vendors, and notes that the domain may also be available for acquisition.

Scam/Impersonation Risk

No contradictions were observed. The homepage and linked content present a consistent informational-health purpose, with no detected login, payment, credential-harvesting, phishing, or brand-impersonation functionality. The site's long registration continuity and historical presence are consistent with an established web property, although the available evidence does not independently verify the real-world operator behind it.

EVIDENCE

- The homepage describes general diet, nutrition, fitness, recipe, video, blog, and FAQ resources and states that the material is general information rather than individualized medical advice.
- The site's registration record shows a 2006-07-15 creation date and an age of 20.11 years; the registrar is DREAMHOST.
- Historical records show 188 archive snapshots spanning 2008–2026, with 19 years tracked and no suspicious repurposing identified.
- The contact and content pages contain no login or payment forms, and no credential-harvesting behavior was detected.

Regulatory Verification Notes

The website operates as a general health-information publisher rather than presenting itself as a regulated financial or clinical service. Its disclaimer appropriately frames the material as general, but the legal and identity pages do not establish an independently verified operating entity, and no licensing claim or registration number is presented. This is a transparency item for ordinary due diligence, not evidence of a scam. Evaluated external reputation checks found no malicious, suspicious, phishing, or blacklist indicators, while the absence of a broker-dataset match is only contextual reputational information and carries no licensing significance.

EVIDENCE

- The disclaimer page states that diet, nutrition, and fitness information is general and should not be treated as individualized medical advice.
- The privacy-policy and disclaimer pages are linked from the site's internal navigation, alongside the contact page.
- The site is served from AS26347, DREAMHOST-AS – New Dream Network, LLC, US.
- The site's TLS certificate is issued by YR2 at DV validation level and is valid through 2026-11-14.

What to Verify Next

Before any future credential or payment interaction associated with the domain, an independent check should confirm the operating party through an offline or otherwise separately sourced contact route. The privacy policy and consent controls should also be reviewed to understand advertising-related data use, and any health-related decision should remain subject to qualified professional advice rather than the site's general articles.

EVIDENCE

- The contact page provides a dedicated contact route for confirming the site's operating and support arrangements.
- The privacy-policy page and advertising-consent interface document the site's data-use and vendor-consent mechanisms.
- The disclaimer page limits the site's material to general health and lifestyle information.

Summary Verdict

Available evidence is consistent with an established, apparently legitimate informational website. The overall posture is high trust and low risk, with no observed scam, phishing, impersonation, or other contradictory signal; however, the real-world operator identity remains unverified.

Infrastructure Integrity

The site resolves to a single DreamHost-hosted address, with no CDN or WAF vendor detected and no separate edge or origin candidates identified. The resolved hosting arrangement is ordinary web-hosting infrastructure and does not itself establish legitimacy, but the identified provider, stable ASN attribution, and valid transport encryption provide a coherent technical posture.

Closing Assessment

Normal informational browsing is proportionate to the assessed posture; before submitting credentials or making any payment, ordinary independent checks of the merchant or operator identity, applicable policies, and available payment protection should be completed.

Written analysis generated 2026-08-20 by the TrustSniffer Analysis Engine from the evidence in this report.

What the analysis found

No rule findings contributed to this verdict.

Identity verification

Status	UNVERIFIED
Identity score	30/100
Identity verification confidence	50%

- No on-site identity signals detected

Identity verification measures whether the site can be independently connected to a real-world brand or person. It is separate from the classification confidence.

What TrustSniffer observed

First-party facts recorded during the assessment of didyoudiet.com.

- The request stayed on didyoudiet.com. It was not redirected to another domain. CLEAR
- Registration is published under DREAMHOST. CLEAR
- DNS for this domain is served by dreamhost.com, across 3 name servers. NOTED
- The registration is paid up to 2027-07-15. NOTED
- The earliest public archive of this site is from 2008-07-15. CLEAR
- It is hosted on DREAMHOST-AS, from a server in US. NOTED

Domain intelligence

Registrar	DREAMHOST
Hosting	DREAMHOST-AS - New Dream Network, LLC, US

Country	US
Server IP	173.236.214.83
Name servers	NS1.DREAMHOST.COM, NS2.DREAMHOST.COM, NS3.DREAMHOST.COM
SSL issuer	YR2
SSL expiry	2026-11-14
Domain age	20.11 years (continuous registration)
Domain expiry	2027-07-15
Archive first seen	2008-07-15
Archive snapshots	Not counted (archive lookup incomplete)
Reputation	VirusTotal: 0 flagged AbuseIPDB: 0 reports Google Safe Browsing: 0 matches

About this assessment

A trust score summarises the evidence TrustSniffer could collect about didyoudiet.com at assessment time. It is a starting point for your own judgement, not a guarantee: a high score means the signals were consistent with a legitimately operated site, a low or critical score means several risk patterns were present.

TrustSniffer assesses a website from the evidence it can collect at a point in time: domain registration and age, hosting and certificate, the content the site served, and third-party reputation feeds. A score is a summary of that evidence, not a guarantee and not a legal finding. There is no human rating and no user review in it. A site can change after it is assessed.

This report online: <https://trustsniffer.com/report/didyoudiet.com> · assessed 2026-08-20